

4-DAY PYRENEES-PARIS TOUR BOOK NOW



START: MEET YOUR GUIDES AT TARBES TRAIN STATION THEN TRANSFER TO CASTELNAU (45 MINS).									
DAY	REGIONS	VIEWING AREA	STAGE	RIDERS	NON-RIDERS	HOTELS			
DAY 1 JULY 22	PYRENEES THEN BORDEAUX	START CASTELNAU	STAGE 19 PLAINS	MORNING RIDE 45.8 KMS (28.4 MILES) TO STAGE START. RIDING TIME 2-3 HOURS. DIFFICULTY: MODERATE ALL: SEE THE STAGE START F AREA, COMPLETE WITH VII FOLLOWING THE STAGE, TE ARRIVING IN THE AFTERNO ADVENTURE: A CITY BIKE TOU OR FRENCH PASTRY CLASS. E TO PERIGUEX (DORDOGNE	P TENT AND OPEN BAR. RANSFER TO BORDEAUX, ON. THEN CHOOSE YOUR IR OF HISTORIC BORDEAUX EARLY EVENING TRANSFER	IBIS PERIGUEUX CENTRE****			
DAY 2 JULY 23 DAY 3 JULY 24	DORDOGNE PARIS PARIS	FINISH ROCAMADOUR FINISH	STAGE 20 INDIVIDUAL TIME TRIAL STAGE 21 PARIS FINISH	OPTIO OPTION 1: FULL DAY AT TIME TRIAL WITH OPTIONAL HIKE OR GUIDED LOOP RIDE (23.2 KMS / 14.4 MILES) ALL: MORNING PRE-RACE R ON THE CHAMPS ELYSEES, N SPYNS' BALCONY/SUITE, SEN	OPTION 2: STRAIGHT TO PARIS. SKIP TODAY'S STAGE, STRAIGHT TO PARIS, AFTERNOON SEINE RIVER CRUISE, BISTRO DINNER. IDE (13.8 KMS / 8.6 MILES) //P STAGE VIEWING FROM	HOTEL ST JAMES**** (PARIS)			
DAY 4 JULY 25			TOWER. DEPARTURE DAY						



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STAGES YOU WILL SEE:

STAGE	DATE	DISTANCE	TERRAIN	START/FINISH	VIEWING AREA(S)
STAGE 19	JULY 22	189 KMS	PLAINS	CASTELNAU/CAHORS	START CASTELNAU
STAGE 20	JULY 23	40 KMS	HILLS/TIME TRIAL	LACAPELLE/ROCAMADOUR	FINISH ROCAMADOUR
STAGE 21	JULY 24	112 KMS	PLAINS	PARIS/PARIS	FINISH PARIS



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